



# Fall Camp 2004

Nights are getting cooler, the “back-to-school” sales are over, we’re heading for summer’s last hurrah, Labor Day weekend... It must be time to start thinking about skiing! In particular, it’s time to plan to attend the annual

**PMTS.org Fall Camp!**

This is the event to start your season with great skiing, your favorite and new companions, interesting clinics, and top coaching. Concentrate on the technique you need to bring your skiing to a new level this season, groom your teaching presentation, hone your eye for seeing technique, or do a little of each. Don’t miss these four days of fun and learning with other devoted skiers and instructors.

If you are thinking about attending a PMTS Instructor Accreditation this season, we highly recommend coming to Fall Camp and taking a variety of clinics. The training you receive at Fall Camp, and your practice during your lessons this season, will help you prepare for a successful Accreditation.

## What’s New This Year:

### More lodging options...

New for 2004 we will be using a “call-in” system of making your own accommodations. You can now choose between hotel, 1-bedroom condo, and 2-bedroom condo units. You can lodge by yourself, or bring a bunch of friends and roommates. Our special group lodging rates can be extended up to three days before and/or after the “official” camp nights!

### New clinic topics include...

**Movement Analysis:** Hone your eye. When you watch a skier, what do you see? Can you spot the subtle moves that a skier makes? Learn what to watch so you can create the best lessons for your students. We’ll use V1 video comparison software to help with this clinic.

**Upper & Lower Body Coordination:** Coordinating the upper body with the feet is the key to short turns, moguls, steeps, and off-piste skiing. This ski improvement clinic will focus on what you should do with your upper body to complement your feet: pole plant, counter, and more.

**Teaching to Eliminate the Wedge:** How to use PMTS Direct Parallel to help your students get rid of the wedge turn entry.

**Dates:** Thursday through Sunday, November 18-21, 2004

**Location:** Copper Mountain, Colorado

Copper Mountain offers super early-season conditions due to its elevation and snowmaking system. With its self-contained base village and shuttle service direct from Denver International Airport, you don’t have to rent a car for camp.

## Socializing:

We have two opportunities to spend time with the whole group and the coaches...

1. Thursday afternoon after skiing, meet at Endos bar and restaurant. PMTS.org will provide munchies, and you can get your own beverages from the bar.
2. Friday night from 6:30 to 8 PM we have a sit-down group meal. This optional dinner costs \$36 per person and offers a cash bar for wine and beer.

## Lodging:

Lodging is in hotel, 1-bedroom, or 2-bedroom condos at the foot of the lifts in Copper's Central Village. Lodging includes use of the recreation center facilities (pool, spa, workout room) at no extra charge.

Lodging dates are: check in Wednesday, Nov. 17, after 4 PM; check out Sunday, Nov. 21, by 10 AM. You can add 3 nights at the same rates, before and/or after camp.

Lodging Option	Unit price per night (including tax and surcharge)	Description
Hotel	\$111	Standard hotel room; sleeps 2
1-bedroom condo	\$125	One-bedroom lockoff condo. Central living room has fully equipped kitchen, full bath, and sleeper sofa. Separate bedroom has one king or two queen beds and a full bath. Standard occupancy is 2. If you'd like to cook dinners rather than eat at restaurants, this is a good option. These units can be shared in order to save costs; one party will need to sleep on the sofa sleeper in the central room.
2-bedroom condo	\$192	Two-bedroom lockoff condo. Central living room has fully equipped kitchen, full bath, and sleeper sofa. One separate bedroom has one king or two queen beds and a full bath. Other separate bedroom has two queen beds and a full bath. Standard occupancy is 4. If you'd like to cook dinners rather than eat at restaurants, this is a good option. These units can comfortably be shared by two singles, or two couples.

## "The Fine Print"

### Lodging:

- Once you have sent in your camp form, we'll send you the info to book your lodging (group code, phone number, etc.)
- Checkout on Sunday must be completed prior to skiing. Copper Mountain provides luggage storage during the day, and you can shower and change at the rec center after your day of skiing.
- If you will be arriving late (after 10 PM) on Wednesday night, please note it on your form so that we can notify Copper.

### Dinner:

The dinner cost of \$36 per person includes dinner, coffee or tea, taxes and gratuity. It does not include beverages, but there will be a cash bar (beer and wine). We must have at least 20 diners in order to have the dinner at this price. Your dinner must be prepaid to PMTS.org to guarantee your place.

The dinner menu is fixed: Grilled chicken breast with Sauce Supreme, Wild Rice Pilaf, chef's choice of veggie, salad, rolls, dessert. There is also a vegetarian entree option. Copper does not specify what it is, but it was good last year. Please select your desired menu choice on your camp enrollment form.

### Payment & Cancellation Policy:

- Payment must be made by credit card, or check or money order payable to "PMTS.org".
- **Full payment (camp, lifts, dinner as applicable) must be received by October 1** to ensure your place at camp. Enrollments received after that will be accepted on a space-available basis.
- Cancellation policy for camp, dinner, and lift ticket fees:

More than 4 weeks prior to session - no charge

4 weeks to 2 weeks prior to session - 25% charge

Less than 2 weeks prior to session - full charge (unless due to injury or illness)

# Yes! Enroll me in the PMTS.org 2004 Fall Camp!

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Fax \_\_\_\_\_

E-mail address \_\_\_\_\_

Ski school affiliation \_\_\_\_\_

How would you like to receive your camp confirmation and lodging information?

Phone

E-mail

## Camp Fees

*(Please check one)*

I am a current PMTS.org member..... \$450

I am not a current PMTS.org member..... \$500

Camp and become a member..... \$510

## Lift Tickets

*(Please check one)*

I do not need lift tickets at camp

I need lift tickets at camp..... \$84 (4 days)

## Group Dinner

*(Please check one, and menu choice if attending dinner)*

I will not come to the group dinner

I will come to the Friday night group dinner ..... \$36

Chicken dinner

Vegetarian dinner

## Preferred Lodging

*(Please check one)*

Hotel

1-bedroom condo

2-bedroom condo

## Payment Method

*(Please check one)*

Check or money order is enclosed

I will pay by credit card (Visa, Mastercard, Amex)

## To Enroll

Fill out both sides of this form. For credit card payment, fax or mail the form. For payment by check or money order, mail the form and payment made out to "PMTS.org". Form and payment must be received by October 1 to ensure space.

Fax: 303-567-4373

Mail: PMTS.org

Attn: Fall Camp

PO Box 272

Dumont, CO 80436

Card number \_\_\_\_\_

Expiration date \_\_\_\_\_

Signature \_\_\_\_\_

**Questions? Call 303-567-4663 or e-mail [ask.us@pmts.org](mailto:ask.us@pmts.org)**

# PMTS.org 2003 Fall Camp Clinic Selection

Name: \_\_\_\_\_

What are your skiing and teaching goals for Fall Camp and for the 2004-2005 season?

At what speed and on what terrain are you comfortable? At which resort(s) do you usually ski?

What is your experience with PMTS Direct Parallel (in your own skiing and in your teaching)?

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How to choose topics-

You may enroll in up to 4 clinics. If you enroll in less than 4 clinics, tell us which one(s) you'd like to ski in for more than one day.

Assignment of clinics:

Actual clinic assignments depend on sufficient enrollment. If there is insufficient enrollment for a clinic you have chosen, you will be contacted to choose a different topic.

If you wish to be placed in clinic groups with friend(s), please specify this on your enrollment form.

Notification of clinics:

You will be notified of your clinic dates and subjects when you arrive at camp.

Policy on switching clinics while at camp:

Switching topics or groups while at camp depends on space availability in the group that you want to switch into. Rich Messer, coaching coordinator, must approve any clinic change the night prior to the change.

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# days		
	Teaching to Eliminate the Wedge	How to use PMTS Direct Parallel technique to help your students eliminate the wedge turn entry. Content will cover novice wedge turners through advanced skiers with a residual tail push at turn entry.
	Ski Improvement	Improve your own skiing. Content determined by participants' needs.
	On-snow alignment recognition	Learn to recognize non-ideal alignment on snow. Modify your alignment so you can better understand your students' movement patterns. Lots of skiing time!
	Practicing "Student Directed Ski Instruction"	Practice your teaching with SDSI to become more effective and confident. Receive feedback. Learn by observing the other participants. Focus is on teaching.
	Introduction to Teaching Direct Parallel	If you've been coached in Direct Parallel, but haven't tried teaching it, this clinic will help you develop skill and confidence in using Direct Parallel technique with your students.
	Movement Analysis	Learn what to watch so you can create the best lessons for your students. We'll use V1 video comparison software for this clinic.
	Upper & Lower Body Coordination	Master counter, pole plant - everything your upper body should do to help your feet. A must for bumps, steeps, and short turns.